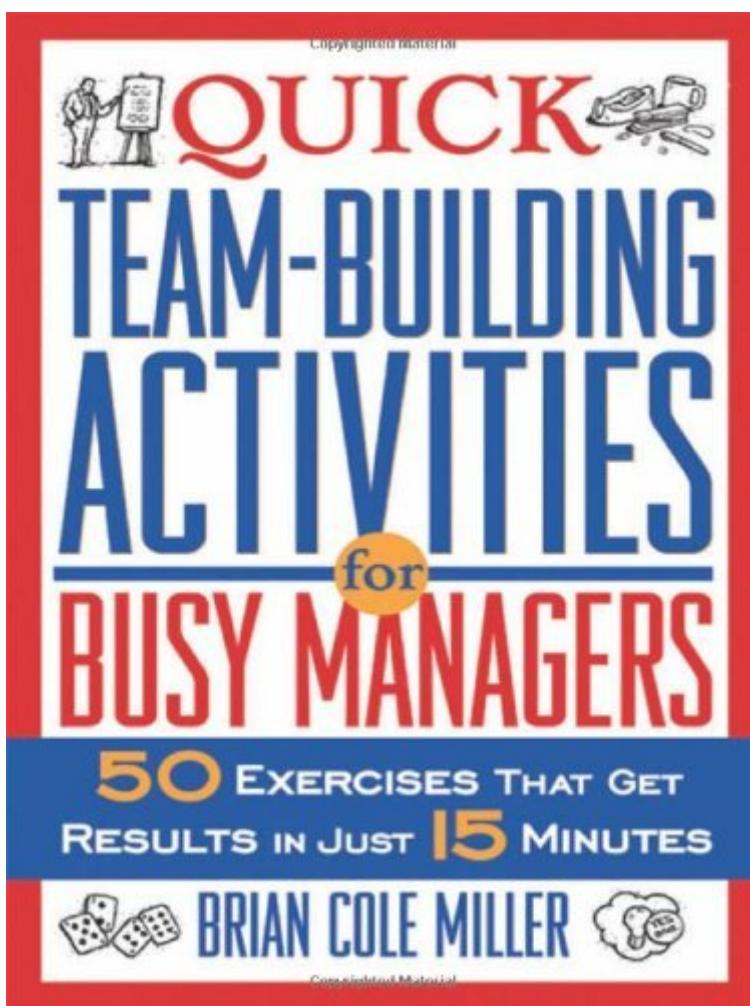


The book was found

Quick Team-Building Activities For Busy Managers: 50 Exercises That Get Results In Just 15 Minutes



Synopsis

Every group can benefit from team-building exercises. But sometimes it's not practical to embark on a full-scale training initiative. Now, supervisors, managers, and team leaders have 50 team-building activities to choose from, all of which can be implemented with no special facilities, big expense, or previous training experience. Readers will find engaging exercises for: building new teams and helping teams with new members; dealing with change and its effects: anger, fear, frustration, and more; recognizing individual efforts and team accomplishments; finding creative ways to work together and solve problems; increasing and improving communication; leveraging diversity and individual differences to meet team goals; and, keeping competition healthy and productive within the team. Instructions and tips for follow-up and variations are included for each activity, and an additional chapter provides valuable advice for working through unexpected difficulties in team-building.

Book Information

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Customer Reviews

I loved this book! Some exercises were not necessarily applicable for the group I used it on but I still had a lot to choose from. I used it for our Ministry Summit at church and it was very effective. I love

the Kindle version because I was able to make notes and make it more relevant to our ministry. Very gauging activities that really pushed the group to think together and build Teamwork. Of course depending on the personalities of your group you will have to be sure you are ready for everything because one misunderstanding can really damage your program which if you are doing more than one which we did 4 different games in one night, you should strategically place a fun game in the beginning and the end just in case the in between gets off course a little. It will help to keep the atmosphere pleasant and momentum up. My group absolutely loved it, so much so they are suggesting the leadership incorporate this into their Leadership Training.

Of the assortment of books I have in this category, this is the one with the most sticky notes popping out the top and sides. I use games in this book regularly in classes I teach or workshops I give. Team building will always be an investment of time and effort well spent. The preparation is minimal and the payoff is big. Great resource!

The book has a great and thoughtful beginning section with practical advice about ensuring success. Some of the exercises are a bit too intricate for beginners and may be resisted by many members of a group but most of the exercises are well chosen and useful. The author makes the essential point that the debrief is most important in making team building strategies truly worthwhile.

We are using this for work as we have leadership development days that we have "social" time which is an organized game for good team building games. We are going to try out our first one in May on all of our managers!

I teach in a project-based learning (PBL) environment where students are constantly collaborating, solving problems and learning with each other. Our students don't face ahead to a classroom pulpit; they face each other. We organize our school culture around five pillars: trust, respect, responsibility, roles and adaptability. Every single one of these activities fits into one of those pillars, giving me dozens of activities for my first week of school that will help to build our classroom (and even our school) culture!

This book has great activities for employee group meetings!! A great source for my recent college project!!!

Picked this up for a team-building weekend for a Philippines-based BPO. This turned out to be exactly what we needed. We pulled some exercises out and they worked like a champ. Recommended.

meh

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